

Everyone knows someone who has been afflicted with heart disease or stroke...please join "Team Philoptochos" in walking to make a difference.

***Start! Merrimack Valley Heart Walk***

**When: Saturday, October 16, 2010**

**Where: Sampas Pavilion on the Merrimack River  
Lowell, MA**

**To join our team or make an online donation visit:  
<http://heartwalk.kintera.org/merrimackvalley/myrofori>**

**If you would like more information about the walk or you would like to make an offline donation, please contact Andrea Mavroides at [andimav@comcast.net](mailto:andimav@comcast.net) or 978-372-7690.**